

### How does Caralluma Fimbriata work?

Caralluma Fimbriata contains active components called **pregnane glycosides**, which are thought to act on the hypothalamus in the brain to suppress appetite. While the exact mechanism is unknown, some scientists propose that Caralluma Fimbriata not only works directly on the hypothalamus to suppress appetite, but that it also inhibits the hunger hormone ghrelin found in the digestive tract.

It is also thought that Caralluma Fimbriata via **ATP Citrate Lyase** enhances weight loss by blocking two different enzymes that are responsible for the formation of fat by the body. This means that Caralluma Fimbriata can help you lose weight in two different ways, by suppressing appetite and by blocking fat storage formation.